

The Spa at OCEAN PLACE

Welcome

The Spa at Ocean Place invites you to enjoy our rich atmosphere of relaxation and renewal. Whether you are here for a customized facial treatment or to simply relax in our whirlpool after your massage, our treatments are custom tailored to suit your individual needs. We welcome hotel guests and guests from the local community seven days a week.

As our guests refer to our Menu for many months, we reserve the right to change prices without notice. Prices may vary from menu to menu. Product description, typographic, pricing, and photographic errors are unintentional.

Spa Reservations/Cancellations

We suggest that you make your appointments three (3) weeks in advance so that we may accommodate you with the time and treatments of your choice. Our cancellation policy for a la carte services is 24-hours notice to avoid the full charge for the services. In the event of a "no show," the complete itinerary for the day will be forfeited. Spa service prices are for Monday thru Thursday / Friday thru Sunday rates per treatment. Prices do not include 20% service charge. Prices do not include tax. Please call 732-571-4000, ext. 6060 for spa reservations and for overnight packages, ext. 8002.

Daily Guest Fees

Hotel guests who have reserved a treatment incur no charges for the use of the Spa facilities including whirlpool, steam room, sauna, showers, and locker room. The daily fee for hotel guests with no reserved treatment is \$15.00.

Spa Gift Card

The Spa gift card is an ideal year-round gift for any special occasion. Gift Cards can be applied to individual services, packages, retail items, or restaurant and room charges. This is perfect for employees and co-workers who deserve special recognition! You may purchase gift cards through our website, www.oceanplaceresort.com or directly from the Spa 732-571-4000, ext. 6060

Special Events

If you are having a special event and would like to book multiple services for friends and family, please speak with spa reservations to coordinate your chosen treatments and appointment times. We can arrange for food and beverages for your party as well.

Age Requirement

Use of the Spa facilities, fitness center, whirlpools, and all Spa services is reserved for those 18 years and older. All are welcome in the indoor and outdoor pools.

Cell Phones

We ask that you consider others and refrain from cell phone usage in the Spa. No cell phone use during treatments and all cell phones and beepers on vibrate at all times.



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Massages

Swedish Full Body Massage - 50min / 80 min

Enjoy our traditional classic Swedish massage using easy light strokes and soft unscented oils for your relaxation.

Aroma Full Body Massage – 50 min / 80 min

This Swedish full body massage is enhanced with fine essential oils from plant extracts used to further relax the body.

Deep Tissue Full Body Massage - 50min / 80 min

Deep and Firm pressures are combined releasing stress, toxic build up and muscle tensions.

Warm Stone Massage – 50 min

Warm stone therapy combines traditional Swedish massage with the use of heated lava stones warming the muscles and the joints creating a deeper state of relaxation.

Sports Massage – 50 min

Pre- event massage

Fast and vigorous movements preparing a person for a competition or even a brisk walk on the board walk

Post-event massage

Long movements associated with stretching assisting muscle tone and circulation after a competition or workout.

Prenatal Massage – 25 min / 50 min

Using special techniques and side lying positions this massage provides a comfortable, safe and effective means of total relaxation for those expecting.

Stress Buster Massage – 25 min

This mini-massage works the tension away from the head, neck, back, and shoulder areas. Choice of Swedish or Deep Tissue Modality.

Reflexology – 25 min

This ancient treatment relieves stress and promotes relaxation by stimulating the pressure points on the feet, which are connected to different parts of the body.

Reflexology Deluxe – 50 min

Reflexology massage combined with exfoliation and fine aromatherapy oils complete this 'deluxe' treat for your feet!

Body Relax Foot Therapy – 50 min

Relax and renew with Lavender mineral crystals absorbed through the feet. A luxurious foot bath, exfoliation and massage.

Couples Massage – 50 min

In the Couples Massage, both guests receive a soothing and relaxing Swedish massage side-by-side. In a single room, with individual therapists, you will each enjoy a wonderful massage experience and both emerge tranquil, relaxed, and completely renewed.

Facials

Aromatherapy Spa Facial - 80 min

Aromatherapy indulges face, body, and mind. Hands, arms, and shoulders are massaged while enjoying aromatic formulas. Masks and herbal aromas are customized for your skin type and two special masks personalized for your particular skin type.

Gentleman's Facial - 50 min

Deep cleanse, tone and moisturize--- the basic essentials for every man; but using the finest of organic and natural ingredients designed to soothe and revitalize any skin type.

Organic Deep Cleansing Facial - 50 min

Our Signature deep cleansing facial, using biodynamic ingredients, rich in antioxidants, designed to nourish your skin. Rejuvenates dull, mineral depleted tissue and skin.

Grand Refresher Facial - 25 min

Refresher Facial and reflexology simultaneously! Enjoy the pampering feeling of four hands working together to create a state of total relaxation.

Sea Marine Facial - 50 min

A refreshing and purifying marine botanical facial that massages minerals deep into the tissue increasing circulation and deeply cleansing the skin. Tailored for all skin types.

Sea Marine Enhancements:

Oxygenating: Revitalizes and oxygenates the cells and brings oxygen deep into the tissue. Promotes detoxification and overall health of the skin. (no additional time)

Anti-Aging: Designed to soften wrinkles and promote tight tone skin. (no additional time)

Refresher Facial -25 min

For maximum results in minimum time, shoulders, neck, and face are cleansed, exfoliated, toned, and massaged using the finest combinations of skin care, customized for your skin type.

Innovative Facial Peel

Face 25 minute session/Series of 3 sessions

This luxurious, intensive clinical treatment designed to rapidly and safely resurface the skin. The highlights of this remarkable treatment system are two professional-only masques. Awakening your senses, this phenomenal system incorporates both active and soothing formulas, producing aromas of warm cinnamon spice and brisk cool peppermint. Benefits include regeneration stimulation of collagen production and removal of toxins in cell renewal. This treatment is recommended in a series performed every two weeks for anti-aging success and, for acne-control, followed by a deep cleansing facial in two weeks and another peel in four weeks. This peel is not recommended for guests with rosacea or for guests on skin prescription medications like retinol or acutane.

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Body Treatments

Anti-Aging Body Wrap – 50 min

Our tea tree exfoliating body scrub removes dead skin cells and detoxifies, nourishes and combats free radicals. This treatment improves skin elasticity and skin cell regeneration. We apply a hydrating nutrient-rich body mask and envelope your body in a cocoon.

Aroma Oil Body Wrap - 50 min

The body is caressed with warm, nourishing, and aromatic body oils to moisturize dry, devitalized skin. Warm compresses and heat are applied to encourage penetration of the nurturing essential oils.

Aromatherapy Citrus Back Treatment – 25 min

A facial for your back! Recommended for oily/congested skin. A thorough skin analysis and deep cleansing renews your skin.

Detoxifying Body Mask – 50 min

This is the ultimate experience to detoxify the body and nourish the skin. Your choice of mud or seaweed is gently applied onto the body, followed by a warm cocoon-style wrap allowing the mask to penetrate and stimulate the skin. Choice of: Seaweed — To firm and hydrate the skin or Mud — To detoxify and tone the skin.

Hydra Quench Wrap – 50 min

Soak in a warm cocoon from the sea with aromas of lavender, ylang ylang, rosemary, sage, sandalwood, and basil to guide you to a complete euphoria without ever dipping in the tub. This is a wonderful treatment designed to help combat stress, fatigue, and illness. The finishing touch is a moisturizing mist of camellia flower scents and the essence of passionflower scents. 50 minutes

Aroma Body Buff – 25 min

Exfoliate and detoxify the body! Dead Sea Salt rich in trace minerals is blended with herbal extracts to deeply exfoliate, hydrate, and invigorate the skin.

Brown Sugar & Ginger Body Buff- 25 min

Organic raw cane sugar, ginger and rich oils of jojoba, macadamia, and vitamin E will nourish, hydrate, and exfoliate the skin.

All body scrubs are given with the caressing cascade of our Vichy shower. Six pulsating showerheads are suspended over your body to cleanse you while you relax on a soft cushioned wet table.

Microdermabrasion

Face & Neck with Mask - 50 min

Quickly rejuvenate your skin; refine complexion lines and wrinkles while diminishing brown spots. This restores the strength and tone of your skin. The result is vibrant, healthy skin with an unmistakable youthful glow.

Single Session:

(3) Sessions:

(7) Sessions:

*Optimum results for all microdermabrasion treatments are achieved in a series of treatments. For discount pricing, treatments must be booked at the time of purchase, and scheduled at least 10 days apart.

Neck, Chest and Décolleté - 50 min

Recondition and refine the texture of the chest and décolleté. Microdermabrasion gently erases the signs of time, minimizes pigmentation marks, produces renewed tone, color, and delivers softness to the skin.

Young Hands - 25 min

Now you can have lovely hands by restoring their youthful appeal. An intense renewing mask to complete the therapy follows this concentrated microdermabrasion treatment.

Back Glow - 50 min

Go backless with confidence! Smooth skin, a healthy glow and diminished brown pigmentation or scars will be the results of this back microdermabrasion.

Microdermabrasion Enhancements

25-minute *enhancements only*:

Upper Arms , Elbows, Knees, Feet & Heels, or Lips

Waxing Services

| | |
|---------------------------------------|-------------------------|
| Full Leg- Both Legs- Not incl. Bikini | |
| Lip | Half Leg- For both legs |
| Chin | Combo- Arm & Hand |
| Brow Arching | Chest |
| Combo-Brow, Lip, & Chin | Back |
| Bikini | Hands |
| Underarm | Feet |

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Pregnancy

Lighten Up – 25 min

A warm, fragrant, salt rich foot soak energizes and reduces swelling.

Free Your Mind – 50 min

A cooling eye compress combined with pulse point Gravidia Therapy initiates relaxation. Includes a neck and shoulder massage.

Free Loader – 50 min

Back and upper body massage designed to release tension and muscle fatigue. This massage focuses on the specific muscles responsible for supporting the pregnant tummy.

Maternity Massage – 25 min / 50 min

A complete prenatal massage using customized Mama Mio products.

The Yummy Tummy – 50 min

Gentle skin brushing exfoliation combined with concentrated serums and a mask to soothe and moisturize the abdomen. Enjoy a relaxing foot and leg massage while the mask sets.

The Smoothie – 50 min

Aromatherapy exfoliation for the whole body followed by a moisture massage.

All Pregnancy treatments are performed by certified prenatal therapists using all natural Mama Mio products. Every Mama Mio product is safe to use at any time from pregnancy stage to pensionable age. It is Paraben Free, Petrolatum Free, Sodium Laureth and Sodium Laurel Sulphate Free, Xenoestrogen and Phtalates Free, Colourant and Synthetic Fragrance Free.

Reiki

In Japanese, this means “Universal Life Force Energy.” It is a holistic healing system that creates spiritual, mental, and physical harmony. Reiki is a safe, non-intrusive healing energy, which channels itself to wherever it is needed in your body or to the person you are treating. The essence of Reiki is to cleanse the body and balance the charkas, bringing harmony to mind, body, & spirit.

25 minutes of Reiki only

25 minute of massage, 25 minutes of Reiki – 50 min

50 minutes of massage, 25 minutes of Reiki – 80 min

Enhancements

These treatments can be added on to 50 min Facial or Body treatments only with no additional time.

Hair and Scalp Revitalizer Enhancement -

A massage on the scalp with potent herbal extracts, essential oils, and our hair revitalizer balm that penetrates deeply to hydrate and moisturize hair follicles.

Deluxe Hand Enhancement -

Hand massage can revive your entire body. First, we gently exfoliate with tea tree exfoliating gel and follow with deep penetrating lotions, which renew and revitalize.

Deluxe Foot Enhancement -

A luxurious treatment offered with the use of pure essential oils. Our selection of 100% natural moisturizers pampers your feet with soothing exfoliation and a mini massage that reduces stress in your tired feet.

Soothing Eye Enhancement -

This treatment is ideal to soothe and reduce puffiness of the eye contour area. It will help to rejuvenate the appearance of the eye area.

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Day Packages

The Refresher

~ approximately 1.5 hours ~
Aroma Body Buff
Stress Buster Massage
Refresher Facial

Executive Escape

~ approximately 1.5 hours ~
Aroma Body Buff
Full Body Massage
Grand Refresher Facial

Moms To Be

~ approximately 2.5 hours ~
Maternity Massage
Lighten Up
Yummy Tummy

Overnight Packages

The Cancellation for all overnight packages is 72 hours to 7 days prior depending on season

The Spa Escape Lite

A relaxing evening includes overnight accommodations. Choose a 50-minute spa treatment (Either a Full Body Massage or a Deep Cleansing Facial). Have a wonderful night of sleep and awaken to a delicious breakfast in the Ocean View Restaurant.

The Spa Escape

A relaxing evening includes overnight accommodations. Take a relaxing walk along the Oceanfront before your Full Body Massage that evening. Enjoy a beautiful night's sleep and awaken to a Spa breakfast in the morning. On day two, you will be ready for your second treatment of either a Deep Cleansing Facial or another Full Body Massage. It is an escape you will never forget.

The Girlfriends Getaway

Ideal for any "Girls' Night Out" this package includes overnight accommodations, one 50-minute spa treatment (your choice of either a Full Body Massage or a Deep Cleansing Facial), and an invigorating *Stress Buster Massage. You and your friends will also enjoy a welcome martini in our Ocean View Lounge, and a complimentary breakfast in our Ocean View Dining Room, which has spectacular views of the Atlantic Ocean.

Couples Get Away

This package includes a deluxe coastal view room, one 50-minute full body massage for him or her and an invigorating Reflexology Deluxe foot treatment for Two! Celebrate time together with a glass of champagne and a complimentary breakfast in our Ocean View Dining Room.

*All packages include full access to spa and fitness facilities. Check-in 4:00 p.m.

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The Spa at Ocean Place

Service Price List

Massages

| | | |
|----------------------------------|--------|--------------|
| Swedish Full Body Massage..... | 50min | \$85/\$100 |
| | 80 min | \$110/\$120 |
| Aroma Full Body Massage..... | 50 min | \$95/\$110 |
| | 80 min | \$128/\$130 |
| Deep Tissue Full Body Massage... | 50min | \$100/\$120 |
| | 80 min | \$130/\$140 |
| Sports Massage..... | 50min | \$100/\$120 |
| | 80 min | \$130/\$140 |
| Warm Stone Massage..... | 50 min | \$120/\$140 |
| Prenatal Massage..... | 25 min | \$70/\$85 |
| | 50 min | \$95/\$110 |
| Stress Buster Massage..... | 25 min | \$65/\$80 |
| Reflexology..... | 25 min | \$65/\$80 |
| Reflexology Deluxe..... | 50 min | \$95/\$105 |
| Body Relax Foot Therapy..... | 50 min | \$95/\$105 |
| Couples Massage..... | 50 min | \$ 200/\$240 |

Body Treatments

| | | |
|-----------------------------------|--------|-------------|
| Anti-Aging Body Wrap..... | 50 min | \$100/\$120 |
| Aroma Oil Body Wrap..... | 50 min | \$100/\$120 |
| Aromatherapy Citrus Back..... | 25 min | \$75/\$90 |
| Detoxifying Body Mask..... | 50 min | \$100/\$120 |
| Hydra Quench Wrap..... | 50 min | \$100/\$120 |
| Aroma Body Buff..... | 25 min | \$70/\$85 |
| Brown Sugar & Ginger Body Buff... | 25 min | \$70/\$85 |

Pregnancy

| | | |
|------------------------|--------|-------------|
| Lighten Up..... | 25 min | \$60/\$75 |
| Free Your Mind..... | 50 min | \$85/\$100 |
| Free Loader..... | 50 min | \$90/\$105 |
| Maternity Massage..... | 25 min | \$75/\$90 |
| | 50 min | \$100/\$120 |
| The Yummy Tummy..... | 50 min | \$100/\$110 |
| The Smoothie..... | 50 min | \$105/\$115 |

Day Packages

| | |
|--|-------------|
| The Refresher (approx 1.5 hours)..... | \$245/\$245 |
| Executive Escape (approx 1.5 hours)..... | \$260/\$300 |
| Moms to Be (approx 2.5 hours)..... | \$290/\$305 |

Overnight Packages

(Contact reservations for pricing)

Facials

| | | |
|----------------------------------|--------------|-------------|
| Aromatherapy Spa Facial..... | 80 min | \$125/\$140 |
| Gentleman's Facial..... | 50 min | \$90/\$100 |
| Organic Deep Cleansing Facial... | 50 min | \$100/\$115 |
| Refresher Facial..... | 25 min | \$70/\$80 |
| Grand Refresher Facial..... | 25 min | \$105/\$115 |
| Sea Marine Facial..... | 50 min | \$105/\$115 |
| Sea Marine Enhancements: | Oxygenating: | \$25 |
| | Anti-Aging: | \$25 |

Innovative Facial Peel

| | | |
|--------------------------------|--------|--------|
| Single Treatment..... | 50 min | \$ 75 |
| (3) Sessions w/ Pro-Heal | | \$ 267 |

Microdermabrasion

| | |
|--------------------------------|--------------|
| Face & Neck with Mask 50 min | |
| Single Session..... | \$155 |
| (3) Sessions..... | \$405 |
| (7) Sessions..... | \$840 |
| Neck, Chest and Décolleté..... | 50 min \$155 |
| Young Hands..... | 25 min \$75 |
| Back Glow..... | 50 min \$150 |

Microdermabrasion Enhancements

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|---------------|-------|
| Upper Arms: | \$105 |
| Elbows: | \$75 |
| Knees: | \$75 |
| Feet & Heels: | \$105 |
| Lips: | \$45 |

Waxing

| | |
|--|-------------------------------|
| Full Leg- Both Legs- Not incl. Bikini- | \$65 |
| Lip- \$15 | Half Leg- For both legs- \$45 |
| Chin- \$17 | Combo- Arm & Hand- \$45 |
| Brow Arching- \$20 | Chest- \$40 |
| Combo-Brow, Lip, & Chin-\$45 | Back- \$45 |
| Bikini- \$35 | Hands - \$25 |
| Underarm- \$25 | Feet- \$25 |

Reiki

| | | |
|---|--------|-------|
| Reiki only..... | 25 min | \$70 |
| 25-min of massage, 25-min of Reiki..... | 50 min | \$90 |
| 50-min of massage, 25-min of Reiki..... | 80 min | \$144 |

Treatment Enhancements

| | |
|---|-----------|
| Hair & Scalp Revitalizer Enhancement..... | \$30/\$38 |
| Deluxe Hand Enhancement..... | \$30/\$38 |
| Deluxe Foot Enhancement..... | \$30/\$38 |
| Soothing Eye Enhancement..... | \$30/\$38 |

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